Letting Go and Letting God is Hard

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Jesus looked at them and said, “With man this is impossible, but with God all things are possible.” If only I could have heeded these words earlier in my life. I wonder how many days have we messed up because we tried to play God in someone else’s life. Things would have turned out a lot better had I just let go and let God. How many lives and relationships have come to ruined simply because someone refused to let go. When we become obsessed with the actions of others. When we want someone to change or even wanting someone to let us decide what they should do for themselves. How many times have we been upset? If only we had the capacity to let go. The greatest struggle we have in our own lives is learning how to let go. Learning when it is time to allow God to do what only God can do in this situation.

Learning to let go can be a scary thing when we see our loved ones go down a path we fear will harm them. However, if we stop for a moment is there anything you can do about it? It doesn’t matter how much you love someone. It doesn’t matter how much we want to see someone succeed. It is there choice there is nothing we can do. It is so difficult but it is a lesson we all must learn. We must learn to let go. If not, we may find ourselves trapped in something we cannot get out of because we will not let go.

“Do you know how hunters of old used to trap monkeys?” A man asked his child. “Rather than chasing them up a tree or shooting

arrows from below, they would put a heavy glass jar with a narrow neck on the floor, which had the monkeys' favorite food inside. They'd then step back and hide, waiting for the unsuspecting animal to approach. When it did, the monkey would reach inside, clench a fist around the food, and try to pull it out. However, the narrow neck of the jar would stop the poor monkey from getting its hand out! It would pull and pull, but to no avail. There was simply no way to get its hand out of the jar without releasing the food. Rather than letting go, though, the monkey would persevere, refusing to drop its dinner. The hunters would then approach and catch it to enjoy a meal of their own." "Don't be like that monkey," warned the man, "In life, to fight another day and grow as person, you must know when to quit, when to move on, and when to let go of whatever's holding you back."

Sometimes you have to let go and give up what you have now in order to receive something better in the future. Do not let stubbornness be your downfall!