The Breath of Life

Genesis 2:7

The Holy Spirit is the least understood of the Trinity. Yet, without the Holy Spirit many of the things that go on in our spiritual life would not be possible. The Holy Spirit has been a function and person of the Trinity since the very beginning. I would like to address a question that many Christians have wondered about: When God breathes into man the breath of life, did God breathe into man the Holy Spirit? If God did not, what in fact did God breathe into man? In order to understand the answer, we must acknowledge and accept the omnipotence of God. God can do whatever He wills to do. This is and always has been true.

The Hebrew word for breath or spirit is “ruah” (roo-ock). The scripture that says “breath of life” means more than the air Adam breathes. It is the life and breath of God given to every man and creature that breathes to animate them. Without this life giving breath we would be nothing but dirt, water and protein. But all life comes from God breathing life into everything that breathes. God did not breathe into us the Holy Spirit, but the breath of life that gives us life. At birth, we are not given the power of the Holy Spirit but the breath of life. At birth we are not given the power of the Holy Spirit for service. We are only given the life giving power that can only come from God.

All that we do, all that we are, we owe to God who brought us into being by His Spirit. Genesis 1 tells us that, "the Spirit of God hovered over the waters." The Spirit of God is and has always been involved in anything created. We cannot boast of any achievement or act in our lives that is absent of God’s power and influence. The simple act of getting out of bed is a demonstration of God’s active power in our lives. Remember none of our achievements last forever. They all disintegrate and turn to dust. Only what is done for Christ will last.

It is by and in the divinity of God, it is in the omnipotence of God that all of creation is possible. All of life comes from God. This includes the spiritual as well as the physical planes. Just as we owe God our physical lives, we owe our spiritual lives to Him as well. Without the "breathing in" of the Spirit of God, our regeneration, our being born

again would not be possible. Being born again is called the second birth. The second birth is given to by God. It is the Holy Spirit that transforms us and causes us to want to be different. It is also the Holy Spirit that makes us new. It is the Holy Spirit that makes us useful to God, makes us look at life differently, makes us want to be closer to God, and makes us want to surrender to God. Let us give thanks to God for the Holy Spirit for being in our lives.

May God Continue to Bless You All,

Pastor Gool