Cast Your Care Upon Jesus

1 Peter 5:7

What does it mean to be dependent on someone? Being dependent on someone means relying on them to survive, succeed, and function. The Child of God, the church, is supposed to depend on Jesus. When you are dependent upon someone your very life is dependent upon them. They are the source of our existence.

In the case of Jesus our dependence is constant and continuous, our every step, our every move is directed by Jesus. Being dependent upon Jesus means trusting His power, wisdom, and guidance; and allowing Him to lead you. At its core, it means wholeheartedly recognizing His omnipotence, omnipresence, and omniscience in every circumstance we face.

What is important in this conversation regarding dependence is understanding that it is a choice. It is not forced. Neither is it a passive resignation where a person has no voice or choice because they have given up or given in. It is an active and intentional decision made to trust in the wisdom and guidance of God.

As all-consuming as it sounds, it is all-consuming. Proverbs 3:5-6 tells us to **"Trust in the Lord, lean not unto your understandings. In all thy ways acknowledge Him and He shall direct your path."** This involves placing our confidence in His plans, even when they differ from our own. This means casting our cares upon Him**. 1 Peter 5:7 says "Because He takes care of you, let Him take care of all things that you are worried/concerned about." T4T translation**. In its deepest sense, 1 Peter 5:7, encourages us to entrust all our anxieties, worries, and concerns to Jesus. We're invited to cast our burdens upon Jesus because He deeply cares for us. It's a reminder that we don't have to carry life's weight alone; God is there to bear it with us, offering comfort and support.

This scripture challenges us to transfer our burdens and cares upon Jesus because we acknowledge Jesus to be in control of all that happens to us. For many, this is an incongruent, conflicting statement. How can Jesus be in charge and give us the gift to choose? It is called a paradox. A paradox is a statement or situation that seems contradictory, ***that is the statement or action is in total opposition to what was said or done previously***. However, in a paradoxical situation, it might be true. The sovereignty of

God and our free will is beyond our understanding. Our finite minds cannot fully grasp this mystery. In the final analysis, God's Omnipotence, God's Foreknowledge tells us that God knows our choices in advance but does not cause them.

Casting our cares on Jesus is about our being dependent, not independent. Faith and trust in God depend upon us adopting an attitude of humility, and submission that is accompanied by prayer. Because prayer is the private space that you create for God that allows Him to change our operating system. By that I mean, it allows God the opportunity to influence the way to conduct ourselves.

Casting our cares on Jesus is impossible without surrendering the outcomes to Him. Unless we let go of the desires, outcomes, and ambitions we have for ourselves and submit ourselves to Jesus, casting our cares on Jesus is not possible.

You might ask why anyone would want to do something like this.

Because there are blessings in our being dependent. When we depend on God, we discover a peace we did not know existed. We find a strength that we did not know was available, to go the distance. No matter how long the journey, we find someone who will walk with us no matter how far. When we cast our cares on Jesus, we find hope in the face of despair. I don't know how He does it. I only know that Jesus is the source. I know that Jesus is a **"very present help**" in our time of trouble. He shows up, He comes to our rescue. Jesus gets us through every situation we come out of.

When we cast our cares on Jesus, we can be assured of His presence. We can count on His guidance and protection. Jesus will give us the needed knowledge to navigate through the chaos that is in front of us. He will steer us around what is in front of us or He will give us what we need to go through it.

When we cast our cares on Jesus, Jesus becomes our Anchor in stormy seas. He becomes our Fortress in a battle. Our Deliverer in from the hands of danger and death. **God is real, God is alive. And He is right here, right now, ready to meet your every need.**

Blessings,
Pastor Gool