God Guides Us Through the Changes in Life

Prov. 3:5-6; Isaiah 43:18-19

Change is a part of every life experience. It is something that we all go through. It does not matter what your life station. Change can be major incidents or minor scrapes that we adjust to. We look at change from a variety of perspectives. However, change has always been a catalyst, a driving force for any kind of evolution and constructive change. Change, if we permit it, can even push us to become a better version of ourselves. Change always carries us into unfamiliar territory. It stretches us, and extends us to reach for better selves. Change is always a journey toward self-exploration. Change highlights aspects of ourselves that lay dormant or dark because we ignore our potential out of fear or doubt.

Proverbs 3:5-6 urges us to trust in God. It is the trust in God that equips us to handle change. Trust in God is necessary in times when change intrudes upon our lives. Trust in God and the guidance He provides is vital if we are navigating the unfamiliar territory of change. The Proverb instructs us not to trust in our understanding. To acknowledge the wisdom of God and allow God to direct your path. Proverbs 3;5–6 urges us to **"Trust in the Lord with all your heart and do not rely on your understanding; in all your ways submit to Him. He will guide your path."** The words used in this scripture are not suggestions. They are commands. They are telling us, if we want to get through the uncertain times we must trust God. Trust God and wisdom. Trust God and not depend upon our understanding. Trust that God will see the various turns that our particular situation will take and direct our path. God, because He knows, will keep us, safe, keep us from being overwhelmed and overpowered by the evil one.

Change is a moment that often leaves us feeling unsure and burdened by its weight. However, when we trust in God's guidance, He carries that weight. When we trust God, He moves from confusion to clarity.

Isaiah 43:18-19 urges us to welcome change and move on beyond the past events and not dwell on the past. **"Let go of what has come and don't linger in yesterday's memories. Behold a dawn is rising. Do you not sense it? I am carving paths through the unknown and bringing life to barren lands."**

What do these scriptures say to us? They tell us that God is always active in our lives. That God is always in charge of the outcome. It does not mean we do not actively participate. We should be doing all that we can do to move us to where God wants us to be. God being in charge does not mean that we are not involved in the process of our transformation. **"Be ye not conformed to this world be ye transformed by the renewing of your mind."** Change happens in our minds. Change of the self is intentional. Accepting change in our lives requires the same level of intentionality if we are to move through it with the "peace that comes from God." Ultimately, getting through the changes that intrude upon our lives is about surrendering and accepting God's Omnipotence as real and active in the world and your life.

Blessings,
Pastor Gool