The God Who Keeps Us

Psalm 62:2

In life, barriers are inevitable. We will always be confronted by challenges. They come in various forms and seek to impede our forward progress. Barriers hinder us from reaching our goals. This is why it is important that we develop the strength and determination to overcome the barriers that we face. It is through our God-given ability that we are able to overcome obstacles that seek to compromise our lives and prevent us from achieving our full potential. When we realize that barriers will always enter our lives at some point, we can begin to approach these adversities with a mindset of perseverance and tenacity.

One crucial and simultaneously difficult aspect of overcoming barriers is cultivating the ability to see ourselves as larger than the obstacles. This requires that we know who created us and begin to recognize our worth and potential. In addition, it means that we refuse to be defined or limited by the barriers that stand in our way. The world champion fighter Jack Johnson faced immense racism in the world of boxing during his time. However, he did not allow this barrier to define him or limit his aspirations. Instead, he saw himself as larger than racism and went on to become the heavyweight champion of the world. Johnson's refusal to be defined by societal prejudices serves as a powerful example of how one can overcome barriers by believing in their abilities.

Similarly, Jackie Robinson faced numerous challenges in his journey to break down the barriers of racism in baseball. In a time when racial stereotypes were deeply ingrained in American society, Robinson saw himself larger than these stereotypes and refused to let them define him. His strength serves as an example of how in the process of enduring he allowed his talent to speak for him and became the first African American player in Major League Baseball. Jackie Robinson broke down racial barriers and paved the way for future generations of athletes. Robinson's story is a testament to the power of seeing oneself beyond societal expectations and pushing through barriers that try to hold us back.

While it is true that not all barriers can be overcome, and some we cannot win alone. But we must at least try to overcome those that we can. By doing so, we open ourselves to new opportunities and possibilities that may have otherwise been out of reach. We will never know what can be achieved until we try to achieve it. Overcoming anything requires a belief in our abilities. It may not always be easy, but by refusing to let obstacles define us and by seeing ourselves larger than these barriers, we can navigate through life with a sense of purpose while trying to reach our goals.

In our life there are bound to be moments when doubt and fear creep in, threatening to consume us. It is in these moments that we must turn to the truth found in Psalm 62:2. This verse reminds us that knowing the truth is the key to escaping the quicksand of doubt and fear. When we firmly grasp this truth, worry and paralysis can no longer hold us hostage. Embracing the truth of Psalm 62:2 means understanding that God is our refuge and strength. He is our solid ground, the foundation upon which we can stand.

We no longer have to be consumed by worry, for we know that God is with us every step of the way. We can trust that He will guide us through the storm and provide us with the strength to overcome in times of uncertainty.

It is this faith that gives us the courage to stand firm on His promises. As we do so, we will find ourselves emerging from the quicksand of doubt and fear, ready to triumph over any obstacle that comes our way.

Blessings,
Pastor Gool