Trusting God is the Foundation of Faith

Matt. 6:26

Faith begins with trusting in the goodness and faithfulness of God. Trust is the foundation of transformation, a bridge between our brokenness and the hope of renewal. It is not blind or naïve but grounded in God's proven character and promises.

Why is trusting God so challenging?

Trusting God can feel like the most difficult step when life has been filled with pain, loss, or regret. How do we trust a God we cannot see when our circumstances seem so overwhelming? Yet, trust is the first step toward faith, and faith is the key that unlocks God's transformative power in our lives. Trust gives us the capacity to hope.

Faith acts like a lighthouse during a storm, guiding people through the rough seas of pain. Though the waves of suffering persist, faith offers the hope of calmer waters ahead, a promise that healing or redemption awaits beyond the turmoil, helping them focus on a brighter horizon.

Trusting God Is Grounded in His Character

Trust isn't about ignoring reality; it's about believing in God's goodness and faithfulness despite our circumstances. **Proverbs 3:5-6 reminds us: "Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to Him, and He will make your paths straight."**

Trust Begins with Small Steps

Faith doesn't require perfection—it begins with simple acts, like a decision to attend church. Jesus said in **Matthew 17:20: "If you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there,' and it will move."**

God's Character Is Faithful

The story of Abraham shows us that trust isn't about knowing the full plan—it's about trusting the Planner. Similarly, Jesus reassures us in **Matthew 6:26: "Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?"**

Reflection: What About You?

Do you find it hard to trust God? What circumstances in your life make trust feel impossible?

How do you view God's character? Do you see Him as loving and faithful, or do doubts cloud your ability to trust?

What small step could you take this week to move toward trusting Him?

I encourage everyone to study the character of God. God's character is rooted in unchanging and unwavering faithfulness. The reason we can trust in God is because God keeps His promises.

This trust is not naïve. It acknowledges our pain and doubts but chooses to lean on God anyway. This faith leans into God's unwavering commitment to us. We may not understand this moment, but we can know and trust the One who holds our future. It is only because of God's faithfulness that we can release fear and embrace peace. We can release doubt and lean into His assurance. We can release the concerns that cause us anxiety and make us anxious. We can release everything that tries to hold us back and walk boldly in the promises of God.

Blessings,
Pastor Gool